



Itinerary for an ICL (IMPLANTABLE CONTACT LENS) PRE-OP



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Check-in (5-15 minutes)

The receptionist at the front desk will be checking you in, making sure all of your paperwork is filled out and checking your insurance. If you are a new patient, your check-in will be much more timely and efficient if your paperwork has already been filled out and you have sent us a copy of your insurance card(s).



Pre-Testing (~ 10 minutes)

A technician will take you to our pre-testing room and perform a corneal topography scan to obtain a map of the front surface of your eye(s). They will also perform an endothelial cell count to measure how many cells you have in the last layer of your cornea.



Diagnostic Testing (~ 40 minutes)

The technician will escort you to an exam room. They will review your medical history, check your vision, perform a refraction to obtain your prescription, assess your eye pressure, and perform an ultrasound on your eye(s) which will aid the surgeon in choosing the size of the implantable contact lens. Once the ultrasound is completed, the technician will dilate your eyes.



Dilation (~ 20 minutes)

The technician will escort you to the dilating area where you will wait 15-20 minutes for the dilation to kick in. Once you are fully dilated, the technician will escort you back to the exam room and check your prescription one more time.

Dilation lasts for 4-5 hours in total. You will notice a decrease in your near vision and an increased sensitivity to light during this period.

With your sunglasses or the shades we provide you with at the front desk, you will be able to drive home once your exam is completed.



Doctor Visit

The doctor will check the inside of your eyes with a special lens to ensure that your eyes are healthy and there are no retinal conditions. The doctor will discuss ICL surgery with you and answer any questions or concerns.



Patient Counselor (~ 20 minutes)

The patient counselor will ensure that you completely understand and are comfortable with the recommendations made by the doctor. With the goal of improving your vision and lifestyle, the patient counselor will guide you through various packages, work with you to schedule your procedure and alleviate any concerns you may have.